## IN THE CLAIMS

This listing of claims shall replace all prior versions and listings of claims in this application.

1. (Currently Amended) A post for use adjacent roadways for supporting an object, the post comprising:

a hollow, continuous sleeve formed of thermoplastic resin, the sleeve having an interior surface;

one end of the sleeve being adapted to be received in and supported by a ground surface, and an opposite end of the sleeve extending from the ground surface and being adapted to be secured to the object; and

a continuous core disposed within the sleeve and generally coextensive with the interior surface of the sleeve, the core being formed at least partially of recycled crumb rubber, wherein the core and sleeve are continuous along the post from the one end to the opposite end.

- 2. (Original) The post according to claim 1 wherein the sleeve and core are circular in cross-section and the core is hollow.
- 3. (Original) The post according to claim 1 wherein the thermoplastic resin is highdensity polyethylene.
- 4. (Original) The post according to claim 1 wherein the core is formed of at least 10% by weight recycled crumb rubber, the balance being recycled thermoplastic resin.

- 5. (Original) The post according to claim 1 wherein the core is formed of at least 20% by weight recycled crumb rubber, the balance being recycled thermoplastic resin.
- 6. (Original) The post according to claim 1 wherein the object is a highway sign having an area of less than 10 square feet.
- 7. (Original) The post according to claim 1 wherein the sleeve and core are coextruded.
- 8. (Original) The post according to claim 1 wherein the post has crash properties conforming to NCHRP Report 350.
- 9. (Currently Amended) A post for use adjacent roadways for supporting an object, the post comprising:

a continuous sleeve formed of thermoplastic resin that is circular in cross-section and has a lower end adapted to be received in and supported by a ground surface, an upper end extending from the ground surface and adapted to be secured to the object, the sleeve further having an interior surface; and

a continuous hollow core disposed within the sleeve and generally coextensive with the interior surface of the sleeve, the core being formed of a polymer having a composition including at least 10% by weight recycled crumb rubber, wherein the sleeve and core are continuous from the upper end to the lower end.

10. (Original) The post according to claim 9 wherein the thermoplastic resin is high-density polyethylene.

- 11. (Original) The post according to claim 9 wherein the polymer contains at least 20% by weight recycled crumb rubber, the balance being recycled thermoplastic resin.
- 12. (Original) The post according to claim 9 wherein the object is a highway sign having an area of less than 10 square feet.
- 13. (Original) The post according to claim 9 wherein the sleeve and core are coextruded.
- 14. (Original) The post according to claim 9 wherein the post has crash properties selected to conform to NCHRP Report 350.
- 15. (Original) The post according to claim 11 wherein the sleeve and core are circular in cross-section.
- 16. (Currently Amended) A post for use adjacent roadways, the post comprising:

  a hollow sleeve formed of high-density polyethylene that is circular in crosssection and has an interior surface, the sleeve having a lower end adapted to be received

  in and supported by a ground surface and an upper end extending from the ground surface
  and adapted to be secured to the object;

a core disposed within the sleeve and generally coextensive with the interior surface of the sleeve, the core being formed of a polymer having a composition including: at least 10% by weight recycled crumb rubber; and the balance a low-melt-index polyethylene;

wherein the sleeve and core are co-extruded together to form a continuous post having generally uniform mechanical properties along its length from the upper end to the lower end.

- 17. (Original) The post according to claim 16 wherein the post has crash properties selected to conform to NCHRP Report 350.
- 18. (Original) The post according to claim 16 wherein the polymer contains at least 20% by weight recycled crumb rubber, the balance being low-melt-index recycled polyethylene.
- 19. (Original) The post according to claim 16 wherein the post supports a highway sign having an area of less than 10 square feet.
- 20. (Original) The post according to claim 16 wherein the sleeve and core are circular in cross-section and the core is hollow.